



FCG OPENING CEREMONIES

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**IT'S TIME
FOR THE 14th
ANNUAL GAMES
TO BEGIN!**

Get ready for Field
Day and Minute-to-
Win-It events!

**Then, JOIN OUR
2nd Annual FCG
COOK-OFF!**

We'll all vote, but
only one will win!

Saturday, March 2

9:00am – 12:00pm

**Fort Family Regional Park at Baymeadows
8000 Baymeadows Road EAST**

We invite all participating teams to join us for our Field Day and Minute-To-Win-It events, including the always anticipated of Tug-of-War!

Teams will receive their official FCG shirts at the beginning of the event and also have the opportunity to take part in biometric screenings to kick-off the Healthy Living Challenge.

Back by popular demand ... and as a way to earn BONUS points ... we invite teams to bring their best chefs and/or grill masters and prepare something for the event participants to enjoy after the festivities! Once team games wrap up, everyone will get the opportunity to vote for their favorite dish and one chef will be declared the winner!

Email Dana Troeger at dtroeger@fcymca.org to sign up for the cook-off or with other questions.

FirstCoastYMCA.org