

PROCLAMATION

WHEREAS: Summer is the time for kids to get up, go out and grow strong; and sometimes, at the close of the school year, a child's exposure to activities that stimulate both mind and body are limited; and

WHEREAS: Access to quality activities and resources during summer months help children learn, grow and achieve their personal best; and a strong community can only be achieved when we invest in our kids and their health; and

WHEREAS: The YMCA's Healthy Kids Day is a national initiative in late April, designed to improve the overall health and well-being of families, as well as to help them get a jump on creating a healthier summer; and

WHEREAS: YMCA of Florida's First Coast will host Healthy Kids Day, presented by Gator Bowl Charities, in Jacksonville on May 2, 2015, coinciding with the 7th annual First Coast Kids Triathlon Juniors Race; and

WHEREAS: Healthy Kids Day will feature a Guinness World Record attempt for the World's Largest Family Boot Camp, swim test sign-ups, youth sport clinics, Zumba and Sh'Bam group exercise classes, an art contest, a petting zoo and a variety of other family-focused activities; and

WHEREAS: To inspire kids and provide the tools to keep growing and achieving, Healthy Kids Day participants will receive a Gator Bowl Charities Healthy Kids Passport, encouraging each child to complete wellness activities all year long; and

WHEREAS: YMCA Healthy Kids Day celebrates the health of Jacksonville's children, teaches healthy habits for everyone, encourages active play and inspires a lifetime love of physical activity, in an effort to address community-wide concerns, including obesity and gaps in achievement.

NOW, THEREFORE, I, ALVIN BROWN, by virtue of the authority vested in me as mayor of Jacksonville, Florida, do hereby proclaim May 2, 2015 as

YMCA HEALTHY KIDS DAY

in Jacksonville and encourage all families and young people to support healthy living, youth development and social responsibility throughout the year.

In witness thereof, this 30th day of March in the year two thousand and fifteen


Mayor

