



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM HERE WE ALL STAY AFLOAT

Swim Lessons

At the Y, our aquatic programs are designed to be a fun and engaging experience for families and our community. Continue swimming throughout the year! Lessons run every Saturday (4 lessons total)

Solomon Calhoun Center

Parent/Child	Ages 6 months - 36 months 11:00am - 11:30am
Preschool	Ages 3-5 10:00-10:40am
Youth	Ages 6-12 9:00-9:45am

Lessons are scheduled for the following:

October 7-28	November 4-25
December 2-23	January 6-27
February 3-24	March 3-24

To learn more, please visit the Welcome Center or call 904.471.9622.

YMCA OF FLORIDA'S FIRST COAST
ST. AUGUSTINE FAMILY YMCA



FirstCoastYMCA.org