



**BROOKS FAMILY YMCA
LAP POOL SCHEDULE
SEPTEMBER 2023**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-9:45am LAP SWIM	6:00-8:45am LAP SWIM	6:00-9:45am LAP SWIM	6:00-9:45am LAP SWIM	6:00-9:45am LAP SWIM	7:00-2:00pm LAP SWIM	LAP POOL CLOSED
10:00-10:45am AQUA FITNESS	10:00-10:45am AQUA ZUMBA	10:00-10:45am AQUA FITNESS	10:00-10:45am AQUA FITNESS	11:00-10:45am AQUA FITNESS		
11:00-11:45am AQUA FITNESS	11:00-5:50pm LAP SWIM	11:00-7:00pm LAP SWIM	11:00-5:50pm LAP SWIM	11:00-7:00pm LAP SWIM		
12:00-7:00pm LAP SWIM	5:50-7:00pm SWIM TEAM		5:50-7:00pm SWIM TEAM			

**THERAPY POOL OPEN MONDAY-FRIDAY
6:00am-10:00am**