



Williams Family YMCA
10415 San Jose Boulevard
Jacksonville, FL 32257

Aquatics Schedule SEPTEMBER 2023

MONDAY		TUESDAY		WEDNESDAY	
8:45-12PM		8:45am-12:00PM 4:00-7:00PM		8:45-12PM 4:00-7:00 pm	
AM	PM	AM	PM	AM	PM
AQUA FITNESS		AQUA FITNESS		AQUA FITNESS	
9:00-10:00AM		9:00AM-10:00AM		9:00-10:00AM	
LAP AND OPEN SWIM		LAP AND OPEN SWIM	LAP AND OPEN SWIM	LAP AND OPEN SWIM	LAP AND OPEN SWIM
10:00-12:00PM		10:00PM-12PM	4:00-7:00PM	10:00-12:00PM	4:00-7:00PM

THURSDAY		FRIDAY		SATURDAY		SUNDAY	
8:45-12PM 4:00-7:00PM		8:45-12pm		9:00am-1pm		Closed	
AM	PM	AM	PM	AM			
AQUA FITNESS		AQUA FITNESS		LAP SWIM			
9:00AM-10:00AM		9:00-10:00AM		9:00AM-1:00PM			
LAP & OPEN SWIM	LAP & OPEN SWIM	LAP & OPEN SWIM		FAMILY SWIM			
10:00-12:00PM	4:00-7:00PM	10:00am-12:00 pm		9:00AM-1:00PM			

HOURS ARE SUBJECT TO CHANGE BASED ON STAFF AVAILABILITY
 REGISTRATION FOR AQUA FITNESS IS REQUIRED IN GROUP EXPRO
 The Williams Family YMCA pool will close after programming on Saturday, September 16th FirstCoastYMCA.org