



# McArthur Family YMCA Pool Schedule

*Effective Sunday, January 8<sup>th</sup> 2024*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LAPSWIM – Number of available lanes varies, lane sharing may be necessary</b>						
6am – 1pm 4:30pm – 7pm	8am – 1pm 4:30pm – 7pm	6am – 1pm	8am – 1pm 4:30pm – 7pm	6am – 1pm	8am – 12pm	1pm – 4pm
<b>FAMILY SWIM, Available during below times, all children will need to be swim tested and wear a swim necklace while in the water</b>						
5pm – 7pm					10am – 12pm	1pm – 4pm
<b>GROUP EX CLASSES – Registration required and opens 24 hours before each class, 2 lap lanes will be available for lap swim during Group classes</b>						
Aqua Aerobics 8am, 9am	Aqua Aerobics 9am, 4:30 pm	Aqua Aerobics 8am, 9am	Aqua Aerobics 9am Aqua Fit Core 4:30pm	Aqua Aerobics 8am, 9am	Aqua Aerobics 9am	
<b>SWIM TEAM – Registration Required</b>						
	5:15pm-6:00pm		5:15pm-6:00pm			

**\*Pool is subject to close without notice due to weather, chemical imbalance or lack of at least 2 rescue ready lifeguards. Lifeguards take a safety break every hour on the :50 for 10 minutes and clear the pool if there is not a third Lifeguard on duty.**