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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **5-9AM****Open Gym** | **5-9AM****Open Gym** | **5-9AM****Open Gym** | **5-8AM****Open Gym** | **5-9AM****Open Gym** | **9-5PM****Youth Basketball League** | **8-10AM****Teen/Family****Open Gym** |
| **9:15-10AM****Power Flow** | **9:30-10:15AM****New U** | **9:15-10AM****ALL OUT!** | **8-10:30AM****Pickle Ball** | **9:15-10AM****Tabata & Core** | **10-12PM****Pickle Ball** |
| **10:15-11:15AM Zumba** | **10:30-11:30****Adult Open Gym** | **10:15-11:15AM Zumba** | **10:30-1130** **Adult Open Gym** | **10:15-11AM****Line Dancing** | **12-2PM****Adult Open****Gym** |
| **11:30-2:30****Summer Camp** | **11:30-2:30****Summer** **Camp** | **11:30-2:30****Summer Camp** | **11:30-2:30****Summer** **Camp**  | **11-12PM****Beginner****Instructional Pickle Ball** |  |
| **2:40-5:00PM****Pickle Ball** | **2:40-4PM****Pickle Ball** | **2:40-4PM****Pickle Ball** | **2:40-4PM****Pickle Ball** | **12-1pm****Beginner Play****Pickle Ball** | **2-5PM****Teen Open****Gym** |
| **5:30-9PM** **Youth Basketball practices**  |  **4-6:00PM****Open Gym** **Volleyball ½ court practice** | **4-6PM****Open Gym** | **4-6PM****Open Gym****Volleyball ½ court practice** | **1-4:00** **Pickle Ball**  |  |
| **6-9PM****Youth Basketball practices** | **6-7:00PM****Youth Basketball practices**  | **6-7:00PM****Youth Basketball practices**  | **4-6PM****Open Gym** |  |
| **7:30-9PM****Adult Open Gym** | **7:00-9:00****Adult Open Gym**  | **6-8PM****Basketball practices**  |  |  |

**\*Programming supersedes all open gym activities.**

**\*All other times are open gym and subject to change per Director.**

**\*Open gym is for families/individuals who want to use the gym space.**

Updated 6/17/2024

**Williams gym Schedule**

**June**

**Court A**