|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **5-9AM**  **Open Gym** | **5-9AM**  **Open Gym** | **5-9AM**  **Open Gym** | **5-8AM**  **Open Gym** | **5-9AM**  **Open Gym** | **9-5PM**  **Youth Basketball League** | **8-10AM**  **Teen/Family**  **Open Gym** |
| **9:15-10AM**  **Power Flow** | **9:30-10:15AM**  **New U** | **9:15-10AM**  **ALL OUT!** | **8-10:30AM**  **Pickle Ball** | **9:15-10AM**  **Tabata & Core** | **10-12PM**  **Pickle Ball** |
| **10:15-11:15AM Zumba** | **10:30-11:30**  **Adult Open Gym** | **10:15-11:15AM Zumba** | **10:30-1130**  **Adult Open Gym** | **10:15-11AM**  **Line Dancing** | **12-2PM**  **Adult Open**  **Gym** |
| **11:30-2:30**  **Summer Camp** | **11:30-2:30**  **Summer**  **Camp** | **11:30-2:30**  **Summer Camp** | **11:30-2:30**  **Summer**  **Camp** | **11-12PM**  **Beginner**  **Instructional Pickle Ball** |  |
| **2:40-5:00PM**  **Pickle Ball** | **2:40-4PM**  **Pickle Ball** | **2:40-4PM**  **Pickle Ball** | **2:40-4PM**  **Pickle Ball** | **12-1pm**  **Beginner Play**  **Pickle Ball** | **2-5PM**  **Teen Open**  **Gym** |
| **5:30-9PM**  **Youth Basketball practices** | **4-6:00PM**  **Open Gym**  **Volleyball ½ court practice** | **4-6PM**  **Open Gym** | **4-6PM**  **Open Gym**  **Volleyball ½ court practice** | **1-4:00**  **Pickle Ball** |  |
| **6-9PM**  **Youth Basketball practices** | **6-7:00PM**  **Youth Basketball practices** | **6-7:00PM**  **Youth Basketball practices** | **4-6PM**  **Open Gym** |  |
| **7:30-9PM**  **Adult Open Gym** | **7:00-9:00**  **Adult Open Gym** | **6-8PM**  **Basketball practices** |  |  |

**\*Programming supersedes all open gym activities.**

**\*All other times are open gym and subject to change per Director.**

**\*Open gym is for families/individuals who want to use the gym space.**

Updated 6/17/2024

**Williams gym Schedule**

**June**

**Court A**