# Dye clay ymca pOOL sCHEDULE

Effective July 1, 2024

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| **Seasonal Pool Hours also posted on the website at FCYMCA.org** | | | |
|  | **Lap Swim** | **Family Swim** | **Aquatic Group Exercise Classes** |
| **Monday & Wednesday** | 9:00a –3:00p  4:00p – 7:00p | 9:00a –3:00p  4:00p – 7:00p | N/A |
| **Tuesday & Thursday** | 9:00a –3:00p  4:00p – 7:00p | 9:00a –3:00p  4:00p – 7:00p | Aqua Fitness:  TBD |
| **Friday** | 9:00a –3:00p  4:00p – 6:30p | 9:00a –3:00p  4:00p – 6:30p | N/A |
| **Saturday** | 9:00a – 1:00p | 9:00a – 1:00p | N/A |

\*\*Summer Day Camp Swims 11:00a-3:00p M-F.

**Aquatics Information:**

Please follow posted signs to access pool and pool deck.

All swimmers must shower on pool deck prior to entering pool.

**Lap Swim** is defined as swimming continuously to and from one end of the pool.

**Family Swim** – All swimmers under 15 years of age will be swim tested.

**\***Weekday afternoon family swim is limited to shallow-water spots.

**Aquatic Group Exercise Classes** –You must reserve your spot for each class.

Members can use the First Coast YMCA App to make a reservation. Additionally, reservations can be made online by searching the Group Exercise schedules. Reservations for all classes will open 24 hours prior to the class start time. Reservations are made on a FIRST COME, FIRST SERVE basis.

**Extreme Weather** –Pool closes for any of the following conditions:

* Lightning and/or thunder within close proximity of the branch location,
* Heavy rain/wind obscuring visibility of pool depth, and
* Tornado watch for the Dye Clay Family YMCA