



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

DYE CLAY FAMILY YMCA Pool Schedule – Effective Sept. 1, 2024

Seasonal Pool Hours also posted on the website at FCYMCA.org

	Lap Swim	Family Swim	Aquatic Group Exercise Classes
Monday & Wednesday	3:30p – 7:00p	3:30p – 7:00p	N/A
Tuesday & Thursday	3:30p – 7:00p	3:30p – 7:00p	Aqua Fitness: TBD
Friday	3:30p – 6:30p	3:30p – 6:30p	N/A
Saturday (Final Saturday for season will be 9/14)	9:00a – 1:00p	9:00a – 1:00p	N/A

****Middleburg Swim team swims from 2:30-4:30 M-Th****

****Pool schedule subject to change due to weather and usage****

Aquatics Information:

Please follow posted signs to access pool and pool deck.

All swimmers must shower on pool deck prior to entering pool.

Lap Swim-is defined as swimming continuously to and from one end of the pool.

Family Swim-All swimmers under 15 years of age will be swim tested.

*Weekday afternoon family swim is limited to shallow-water spots.

Aquatic Group Exercise Classes- You must reserve your spot for each class.

Members can use the First Coast YMCA App to make a reservation. Additionally, reservations can be made online by searching the Group Exercise schedules.

Reservations for all classes will open 24 hours prior to the class start time.

Reservations are made on a FIRST COME, FIRST SERVE basis.

Swim Meets- The Pool will close for swim meets on the following days:

Thurs 9/26; Tues 10/8

Extreme Weather -Pool closes for any of the following conditions:

Lightning and/or thunder within close proximity of the branch location,

Heavy rain/wind obscuring visibility of pool depth, and

Tornado watch for the Dye Clay Family YMCA.