



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# WINSTON GYM SCHEDULE COURT A - OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9-12pm Pickle Ball		9-12pm Pickle Ball		9-12pm Pickle Ball	9-5pm Youth Volleyball League B-ball Skills & Drills <i>*Branch hours 7:00-5:00pm</i>	7:00-9:45 Pick Up Basketball
	1-3pm Ping-Pong		1-3pm Ping-Pong			10:00-4:50pm Badminton Club <i>*Branch hours 7:00-5:00pm</i>
3-5pm Pick Up B-ball	3:15-5:15pm Open Gym	3-5pm Pick Up B-Ball	3:15-5:15pm Open Gym	3-5pm Open Gym		3-5pm Open gym/if no Badminton is taken place
5:30-9pm Youth Volleyball Practice	5:30-8:50pm Badminton Club	5:30-9pm Corporate Basketball	5:30-8:50pm Badminton Club	5:30-8pm Youth Volleyball Practice		

**\*Programming supersedes any and all open gym activities.**

**\*All other times are open gym and subject to change per Director.**

**\*Open gym is for families/individuals who want to use the gym space.**

**\*Pick-up basketball is 4 v. 4, short court, rules posted on Gymnasium walls.**



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# WINSTON GYM SCHEDULE COURT B - AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9-12pm Pickle Ball		9-12pm Pickle Ball	10-12pm Pickle Ball	9-12pm Pickle Ball	7:00-8:30pm Badminton Club	7:00-9:45am Open Gym
					9-5pm Youth Volleyball League B-ball Skills & Drills <i>*Branch hours 7:00-5:00pm</i>	
	3:00-3:45pm Open Gym		3:00-5:15pm Youth Badminton Training			10:00-4:50pm Badminton Club <i>*Branch hours 7:00-5:00pm</i>
3:30-5:30pm JCA Sports Practice	4-5:15pm Youth Badminton Training	3:30-5:30pm JCA Sports Practice		3:30-5:30pm JCA Sports Practice		3:00-5:00pm Open Gym/if no Badminton is taken place
5:30-9:00pm Youth Volleyball Practice	5:30-8:50pm Badminton Club	5:30-9:00pm Corporate Basketball	5:30-8:50pm Badminton Club	5:30-8:00pm Youth Volleyball Practice		

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**\*Open gym is for families/individuals who want to use the gym space.**

**\*Pick-up basketball is 4 v. 4, short court, rules posted on Gymnasium walls.**