



WILLIAMS FAMILY YMCA

GYM SCHEDULE – JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-7AM Open Gym	5-7AM Open Gym	5-7AM Open Gym	5-7AM Open Gym	5-7AM Open Gym	7AM-5PM Youth Sports	8-10AM Teen/Family Open Gym
7AM-10AM Summer Camp	7AM-9AM Summer Camp	9:15-10AM ALL OUT! Ct 1 Summer Camp Ct 2		9:15-10AM Tabata & Core		10-12PM Pickle Ball
10:15-11:00AM Zumba	9:15-10AM New U	10:15-11:00AM Zumba		10:15-11AM Line Dancing Ct 1 Summer Camp Ct 2		12-5PM Adult Open Gym Ct 1
11AM-3PM Summer Camp	10AM-6PM Summer Camp	11AM-3PM Summer Camp	7AM-6PM Summer Camp	11AM-2PM Summer Camp		
				2-3PM Beginner Play Pickle Ball		
3PM-4:30PM Pickle Ball		3PM-4:30PM Pickle Ball		3PM-4:30PM Pickle Ball		2-5PM Teen Open Gym Ct 2
4:30PM-6PM Summer Camp		4:30PM-6PM Summer Camp		4:30PM-6PM Summer Camp		
5:30-8:30PM Youth Sports	5:15PM-8:15PM Youth Sports	5PM-9PM Youth Sports	5:15PM-9PM Youth Sports	5PM-8PM Youth Sports		

*Programming supersedes all open gym activities.

*All other times are open gym and subject to change per Director.

*Open gym is for families/individuals who want to use the gym space.

June 2025 Events:

June 8 Family Volleyball 2:30PM-4:30PM

June 16-20* Volleyball Camp 12PM-3PM (*NO CAMP 6/19)

June 20 Parents Night Out 5PM-8PM

June 23-26 Basketball Camp 12PM-3PM

STRENGTHENING THE FOUNDATIONS OF COMMUNITY

YMCA of Florida's First Coast | FCYMCA.org