



# JOHNSON AQUATICS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AQUA FITNESS</b> 11:30am - 12:15pm			<b>AQUA FITNESS</b> 10:00am - 10:45am	<b>AQUA ZUMBA</b> 10:00am - 10:45am	
<b>FAMILY SWIM</b> 4:00pm - 6:00pm		<b>FAMILY SWIM</b> 4:00pm - 6:00pm			
<b>AQUA FITNESS</b> 6:00pm - 6:45pm		<b>AQUA FITNESS</b> 6:00pm - 6:45pm			

- Sharing lanes and circle swimming may be necessary during peak hours.
- Openings are subject to staffing ratios
- YMCA Weather Policy: The pool and pool deck will close for thunder and lightning until 30 minutes after the last occurrence.

## Aquatics Youth Age Guidelines

### RED SWIM BAND | Non-Swimmer

- If under 12 years old, parent/guardian must be within arm's length.
- If under 5 years old, they may wear a US Coast Guard Personal Floatation device.

### YELLOW SWIM BAND | Child Has Passed Shallow Water Swim Test

- If under 12 years old, parent/guardian must remain on pool deck. Child may swim in a zone that is armpit-deep or less.

### GREEN SWIM BAND | Child Has Passed Deep Water Swim Test

- If under 11 years old, parent must remain on pool deck.
- If over 11 years old, parent must be at the facility. Child may swim without parent supervision as long as conduct does not warrant otherwise.

**All children 15 years old must take a swim test before entering the pool.**

**Swim testing policy is available on the pool deck.**