



WILLIAMS AQUATICS AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AQUA CLASS 9A-10A	AQUA CLASS 9A-10A	AQUA CLASS 9A-10A	AQUA CLASS 9A-10A	AQUA CLASS 9A-10A	
LAP/FAMILY SWIM 8:30A-9:00A 10:00A-11:30P	LAP/FAMILY SWIM 8:30A-9:00A 10:00A-11:30P 4:30P-7:00P	Lap/Family Swim 8:30A-9:00A 10:00a-11:300p	LAP/FAMILY SWIM 8:30A-9:00A 10:00A-11:30P 4:30P-7:00P	LAP/FAMILY SWIM 8:30A-9:00A 10:00A-11:300P 4:30P-7:00P	LAP/FAMILY SWIM 8:00AM-2:00PM
	SWIM LESSONS (2 LANES) 4:30P-7:00P		SWIM LESSONS (2 LANES) 4:30P-7:00P	SWIM LESSONS (2 LANES) 4:30P-7:00P	

Openings are subject to staffing ratios. Holidays may affect Pool and Programming hours.

Pool is CLOSED on Sunday-

YMCA WEATHER POLICY: The pool and pool deck will close for thunder and lightning until 30 minutes after the last occurrence.

Sharing lanes and circle swimming may be necessary during peak hours.

AQUATICS YOUTH AGE GUIDELINES USAGE

1. **RED SWIM BAND | Non-Swimmer**

- If under 12 years old, parent/guardian must be within arm's length.
 - If under 5 years old, they may wear a US Coast Guard Personal Floatation device.

2. **YELLOW SWIM BAND | Child Has Passed Shallow Water Swim Test**

- If under 12 years old, parent/guardian must remain on pool deck. Child may swim in a zone that is armpit-deep or less.

3. **GREEN SWIM BAND | Child Has Passed Deep Water Swim Test**

- If under 11 years old, parent must remain on pool deck.
 - If over 11 years old, parent must be at the facility. Child may swim without parent supervision as long as conduct does not warrant otherwise.

All children under 15 years old must take a swim test before entering the pool.

Swim testing policy is available on the pool deck.

LEARN TO SWIM PROGRAMS

August 2025

REGISTRATION FEES	MEMBERS	PROGRAM PARTICIPANTS
SWIM STARTERS (4)	\$55	\$90
PRESCHOOL/SCHOOL AGE (4)	\$65	\$100
STROKE INTRODUCTION/DEVELOPMENT (4)	\$65	\$100
ADULTS/TEENS (4)	\$65	\$100
PRIVATE LESSONS (4)	\$170	\$330

Financial assistance is available. Please let us know how we can help.

PROGRAM INFORMATION

SWIM STARTERS AGES: 6 MONTHS - 36 MONTHS RATIO 1:10	Classes are 30 minutes each. Child and guardian must be in the water. *Not Offered in August
PRESCHOOL LESSONS AGES: 3-5 YEARS RATIO 1:4-6	Classes are 40 minutes each.
SCHOOL AGE LESSONS AGES: 5-12 YEARS RATIO 1:5-7	Classes are 45 minutes each.
TEEN/ADULT LESSONS AGES: 16+ RATIO 1:6	Classes are 30 minutes each. Each student is taught to their individual ability.
STROKE INTRODUCTION/DEVELOPMENT AGES: 7-15 RATIO 1:7	Classes are 45 minutes each.
PRIVATE LESSONS	Classes are 30 minutes each for children and adults.

CANCELLATION/CHANGE POLICY

A \$10 session change fee will be **required** to cancel or change a swim lesson session.

REFUND POLICY

A class **MUST** be cancelled one week prior to the first class in order to receive a refund. Refunds will be given and change fees waived in the case of an illness with a doctor's note.

PARENT ORIENTATION

A 5-minute orientation will be given on the first day of each session. It is recommended that a parent or guardian accompany their child to the orientation. The first class will also contain a swimmer evaluation. Please note, at the time of registration, classes will be based on age. After the first class, classes will be formed on ability. If a group is too small to divide by ability, the children are taught swim skills that match their individual ability within the group.

MAKE-UP POLICY

The Y will close the pool when lightening, thunder, or heavy rain is in the area. Other unforeseen pool closures may also be necessary. The Y will guarantee all scheduled lessons per session. If additional make-up lessons are needed, your instructor will schedule them. **Classes will be made up as a class, not on an individual basis. Make-up lessons are only permitted when the Y cancels the class.**

Decisions on cancellations due to weather will be made no more than 30 minutes prior to the scheduled lesson. If the weather is questionable, please call the Y at 904.355.1436 ext. 1415 before leaving home for your lesson.

SWIM STARTERS (6 - 36 MONTHS)

AUGUST SESSION	DATES	TIMES
FRIDAY (4)	NO CLASS AT THIS TIME	
MONDAY/WEDNESDAY (4)	NO CLASS AT THIS TIME	

PRESCHOOL LESSONS (AGES 3-5 YEARS)

AUGUST SESSION	DATES	TIMES
SATURDAY (4)	AUGUST 9	10:30AM
TUESDAY/THURSDAY (4)	AUGUST 5, 19 AUGUST 5, 19	5:00PM 6:00PM

SCHOOL AGE LESSONS (AGES 5-12 YEARS)

August SESSION	DATES	TIMES
SATURDAY (4)	AUGUST 9	11:30AM
TUESDAY/THURSDAY (4)	August 5, 19 August 5, 19	5:00PM 6:00PM

STROKE INTRODUCTION/DEVELOPMENT (AGES 7-15 YEARS)

AUGUST SESSION	DATES	TIMES
SATURDAY (4)	AUGUST 9	11:45 A.M.
TUESDAY/THURSDAY (4)	August 5, 19 August 5, 19	6:00 P.M.

ADULT/TEEN LESSONS (AGES 16+ YEARS)

AUGUST SESSIONS	DATES	TIMES
SATURDAY (4)	AUGUST 9	9:30A.M.
TUESDAY/THURSDAY (4)	NO CLASSES AT THIS TIME	10:15 A.M. 7:00 P.M.