



# BROWN FAMILY YMCA FALL 2025 POOL SCHEDULE

BROWN FAMILY YMCA  
904.543.9622

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	CLOSED (FLYERS SWIM TEAM) 8:00AM-10:00AM	LAP SWIM 11:30AM-3:30PM
AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	LAP SWIM 10:00AM-1:45PM	FAMILY SWIM (2 LANES) 11:30AM-3:30PM
CLOSED 12:45-3:00PM	CLOSED 12:45-3:00PM	CLOSED 12:45-3:00PM	CLOSED 12:45-3:00PM	CLOSED 12:45-3:00PM		
LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM		
CLOSED (F.I.T SWIM TEAM) 4:00PM-5:00PM	CLOSED (F.I.T SWIM TEAM) 4:00PM-5:00PM	CLOSED (F.I.T SWIM TEAM) 4:00PM-5:00PM	CLOSED (F.I.T SWIM TEAM) 4:00PM-5:00PM	CLOSED (F.I.T SWIM TEAM) 4:00PM-5:00PM		
FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM		

## POOL NOTICES

- Safety breaks for lifeguards will take place during the last 15 minutes of each hour ONLY when there are 2 lifeguards on duty.
- The pool will be closed if the "Feels Like" temperature is below 40°F, as reported by the Weather Channel website or app.
- If the pool closes due to extreme weather, all outdoor facilities (including pickleball courts and the playground) must be cleared, and members should head inside the building for safety.
- The pool will be closed for the following weather-related conditions:
  - Lightning and/or thunder near the branch location
  - Heavy rain that limits visibility of the pool bottom
  - A tornado watch issued for the branch location

**Aquatics Director: Kylie Frech**  
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