



BROOKS Y POOL SCHEDULE

FALL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM (4 LANES) 6:00-9:00AM	LAP SWIM (4 LANES) 6:00-9:00AM	LAP SWIM (4 LANES) 6:00-9:00AM	LAP SWIM (4 LANES) 6:00-9:00AM	LAP SWIM (4 LANES) 6:00-9:00AM	LAP SWIM (4 LANES) 7:00AM-3:00PM	LAP SWIM (4 LANES) 9:00AM-12:00PM
LAPS/WALKING (3/2 LANES) 9:00-9:45AM	LAPS/WALKING (3/2 LANES) 9:00-11:45AM	LAPS/WALKING (3/2 LANES) 9:00-9:45AM	LAPS/WALKING (3/2 LANES) 9:00-9:45AM	LAPS/WALKING (3/2 LANES) 9:00-9:45AM		
AQUA FITNESS (5 LANES) 10:00-10:45AM		AQUA FITNESS (5 LANES) 10:00-10:45AM	AQUA FITNESS (5 LANES) 10:00-10:45AM			
AQUA FITNESS (5 LANES) 11:00-11:45AM		AQUA TONING (5 LANES) 11:00-11:45AM	AQUA FITNESS (5 LANES) 11:00-11:45AM	AQUA FITNESS (5 LANES) 11:00-11:45AM		
LAP SWIM (4 LANES) 12:00-7:00PM	LAP SWIM (4 LANES) 12:00-5:50PM	LAP SWIM (4 LANES) 12:00-7:00PM	LAP SWIM (4 LANES) 12:00-5:50PM	LAP SWIM (4 LANES) 12:00-7:00PM		
SWIM LESSONS (1 LANE) 4:00-5:45PM	SWIM LESSONS (1 LANE) 5:00-5:45PM	SWIM LESSONS (1 LANE) 4:00-5:45PM	SWIM LESSONS (1 LANE) 5:00-5:45PM			
	SWIM TEAM LAP RESERVED 6:00-7:00PM	AQUA FITNESS (THERAPY POOL) 5:30-6:15PM	SWIM TEAM LAP RESERVED 6:00-7:00PM			

THERAPY POOL HOURS

MONDAY-FRIDAY **6:00-10:00AM**

MON, WED, FRI **3:00-7:00PM**

SATURDAY **12:00-3:00PM**

SUNDAY **9:00AM-12:00PM**