



CCFP COLD SUPPER MENU- OCTOBER 2025

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 1	MONDAY 10/6	TUESDAY 10/7	WEDNESDAY 10/8	THURSDAY 10/9	FRIDAY 10/10
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato ¼" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 10/13	TUESDAY 10/14	WEDNESDAY 10/15	THURSDAY 10/16	FRIDAY 10/17
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 10/20	TUESDAY 10/21	WEDNESDAY 10/22	THURSDAY 10/23	FRIDAY 10/24
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable ¼ c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk
WEEK 4	MONDAY 10/27	TUESDAY 10/28	WEDNESDAY 10/29	THURSDAY 10/30	FRIDAY 10/31
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sli) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25

WEEK 1	MONDAY 11/3	TUESDAY 11/4	WEDNESDAY 11/5	THURSDAY 11/6	FRIDAY 11/7
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato ¼" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 11/10	TUESDAY 11/11	WEDNESDAY 11/12	THURSDAY 11/13	FRIDAY 11/14
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 11/17	TUESDAY 11/18	WEDNESDAY 11/19	THURSDAY 11/20	FRIDAY 11/21
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable ¼ c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk
WEEK 4	MONDAY 11/24	TUESDAY 11/25	WEDNESDAY 11/26	THURSDAY 11/27	FRIDAY 11/28
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sli) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25

WEEK 1	MONDAY 12/1	TUESDAY 12/2	WEDNESDAY 12/3	THURSDAY 12/4	FRIDAY 12/5
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato ¼" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 12/8	TUESDAY 12/9	WEDNESDAY 12/10	THURSDAY 12/11	FRIDAY 12/12
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable ¼ c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 12/15	TUESDAY 12/16	WEDNESDAY 12/17	THURSDAY 12/18	FRIDAY 12/19
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable ¼ c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25



CCFP COLD SUPPER MENU- JANUARY 2026

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 4	MONDAY 1/5	TUESDAY 1/6	WEDNESDAY 1/7	THURSDAY 1/8	FRIDAY 1/9
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sl) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)
WEEK 1	MONDAY 1/12	TUESDAY 1/13	WEDNESDAY 1/14	THURSDAY 1/15	FRIDAY 1/16
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato 1/4" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 1/19	TUESDAY 1/20	WEDNESDAY 1/21	THURSDAY 1/22	FRIDAY 1/23
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 1/26	TUESDAY 1/27	WEDNESDAY 1/28	THURSDAY 1/29	FRIDAY 1/30
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable 1/4 c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25



CCFP COLD SUPPER MENU- FEBRUARY 2026

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 4	MONDAY 2/2	TUESDAY 2/3	WEDNESDAY 2/4	THURSDAY 2/5	FRIDAY 2/6
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sl) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)
WEEK 1	MONDAY 2/9	TUESDAY 2/10	WEDNESDAY 2/11	THURSDAY 2/12	FRIDAY 2/13
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato 1/4" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 2/16	TUESDAY 2/17	WEDNESDAY 2/18	THURSDAY 2/19	FRIDAY 2/20
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 2/23	TUESDAY 2/24	WEDNESDAY 2/25	THURSDAY 2/26	FRIDAY 2/27
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable 1/4 c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25



CCFP COLD SUPPER MENU- MARCH 2026

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 4	MONDAY 3/2	TUESDAY 3/3	WEDNESDAY 3/4	THURSDAY 3/5	FRIDAY 3/6
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sl) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)
WEEK 1	MONDAY 3/9	TUESDAY 3/10	WEDNESDAY 3/11	THURSDAY 3/12	FRIDAY 3/13
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato 1/4" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 3/23	TUESDAY 3/24	WEDNESDAY 3/25	THURSDAY 3/26	FRIDAY 3/27
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 3/30	TUESDAY 3/31	WEDNESDAY 4/1	THURSDAY 4/2	FRIDAY 4/3
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable 1/4 c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25



CCFP COLD SUPPER MENU- APRIL 2026

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 4	MONDAY 4/6	TUESDAY 4/7	WEDNESDAY 4/8	THURSDAY 4/9	FRIDAY 4/10
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sl) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)
WEEK 1	MONDAY 4/13	TUESDAY 4/14	WEDNESDAY 4/15	THURSDAY 4/16	FRIDAY 4/17
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato 1/4" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 4/20	TUESDAY 4/21	WEDNESDAY 4/22	THURSDAY 4/23	FRIDAY 4/24
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 4/27	TUESDAY 4/28	WEDNESDAY 4/29	THURSDAY 4/30	FRIDAY 5/1
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable 1/4 c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25



CCFP COLD SUPPER MENU- MAY 2026

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 4	MONDAY 5/4	TUESDAY 5/5	WEDNESDAY 5/6	THURSDAY 5/7	FRIDAY 5/8
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1sl) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)
WEEK 1	MONDAY 5/11	TUESDAY 5/12	WEDNESDAY 5/13	THURSDAY 5/14	FRIDAY 5/15
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Italian Chicken (2.25 oz)	Taco Beef & Cheddar Cheese (2.5oz)	Oven Fried Chicken* (3ea)	Soynut Butter 2.2oz w/ Jelly Packet
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Broccoli (1/2c) w/ Dressing	Corn (1/2c)	Tomato 1/4" Slices (1/2c)	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	1 LG Banana	Lettuce/Tomato (1/2c)	1 Banana	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1 slice)	Whole Wheat Tortilla 10" (1ea)	Whole Grain Corn Tortilla Chips (1oz)	Pasta Salad* (Whole Grain Pasta) (1/2c)	WG Graham Crackers 2pk
WEEK 2	MONDAY 5/18	TUESDAY 5/19	WEDNESDAY 5/20	THURSDAY 5/21	FRIDAY 5/22
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Shred Cheddar Cheese (1oz) and Beef Pepperoni (1oz)	Beef Bologna* (2oz) w/ Cheese (1/2oz)	Egg Salad* (2.5oz)	Soynut Butter (2.2oz)
Vegetable 1/2c	Carrot (1/2c) w/ Ranch	Broccoli (1/2c) w/ Ranch	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Italian Dressing	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Whole Medium Orange	Pineapple (1/4c)	LG Banana	Grapes (1/4c)	Whole Apple
Grains 1oz Eq	Whole Wheat Bread (1slice)	Whole Wheat Tortilla 10" (1ea)	Whole Wheat Bread (1 sli) w/ Mayo	Whole Grain Roll (1 ea)	WG Animal Crackers (1 bag)
WEEK 3	MONDAY 5/25	TUESDAY 5/26	WEDNESDAY 5/27	THURSDAY 5/28	FRIDAY 5/29
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	Turkey w/ Cheese (2.5oz)	Buffalo Ranch Chicken (2.25oz)	Soynut Butter 2.2oz w/ Jelly packet
Vegetable 1/2c	Celery Sticks (1/2c) w/ Ranch	Tomato Slice (1/2c)	Potato Salad* (1/2c)	Cucumbers (1/2c) w/ Dressing	V8 Juice 5.5oz
Fruit or Vegetable 1/4 c	Fresh Apple Slices (1/4c)	Grapes (1/4c)	LG Banana	Pineapple (1/4c)	Whole Orange
Grains 1oz Eq	Whole Grain Roll (1 ea)	Whole Wheat 10" Tortilla (1ea)	Whole Wheat Bread (1ea) w/ Mustard	Whole Wheat Tortilla 10" (1 ea)	WG Graham Crackers 2pk

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25



CCFP COLD SUPPER MENU- JUNE 2026

YMCA OF FLORIDA'S FIRST COAST

SITE: _____

WEEK 4	MONDAY 6/1	TUESDAY 6/2	WEDNESDAY 6/3	THURSDAY 6/4	FRIDAY 6/5
Milk 8oz carton	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk	LF Unflavored and Flavored Milk
Meat/MeatAlternate 2oz	Soynut Butter (2oz) w/ Jelly (1/2oz)	Turkey Ham (2oz)	Diced Chicken (2.25oz) w/ Caesar Dressing	BF Pep* (1oz) Cheese (1oz) Pizza Wrap*	Soynut Butter 2.2oz
Vegetable 1/2c	Carrots (1/2c) w/ Ranch	Potato Salad* (1/2c)	Lettuce and Tomato (3/4c)	Broccoli (1/2c) w/ Ranch	Vegetable Cup (1/2c)
Fruit or Vegetable 1/4 c	Grapes (1/4c)	Whole Orange	LG Banana	Pineapple (1/4c)	Whole Apple
Grains 1oz Eq	Whole Grain Roll (1ea)	Whole Wheat Bread (1si) w/ Mayo	Whole Wheat Tortilla 10" (1 ea)	Whole Wheat Tortilla 10" (1 ea)	WG Animal Crackers (1 bag)

Recipe or CN Label for *

Unflavored milk must be served with every brk lun supper meal and with snack when indicated. Children 1 year of age must have unflavored whole milk. Children age 2-5 must be served unflavored Lf milk (1%) or Unflavored Fatfree milk. Children 6 yrs old or older must be served unflavored or flavored LF or Skim Milk. Leftover meals are served on the next service day before new meals are served. Revised 10.6.25