



FIRST COAST GAMES

PLAY HARD.
WORK BETTER.
LIVE WELL.

POWERED BY



First Coast Games 2026 March – June

Our annual, corporate challenge focuses on participants' health and wellness goals, while still offering some friendly competition. Our goal is to introduce fun, healthy activities into the workplace while promoting networking and team building with businesses across the First Coast.

REFER A TEAM

Our goal is to welcome 35 teams to the field at our Opening Ceremonies and we are well on our way... but we'd love to continue to introduce new companies to our corporate wellness program and we're hoping you can help.

Here are some quick and easy steps:

1. Refer a NEW company (contact info below)
2. New company signs up and receives \$250 OFF registration
3. Your team will receive 20 EXTRA Bonus Points

We can't wait to kick-off this year's Games! Thank you for all that you do in support of the First Coast YMCA and our community.

In addition to all the fun events, every participating company gets access to:

- › One-Month Guest Pass to any First Coast YMCA location
- › \$50/month Florida's First Coast YMCA Monthly Membership offer for 4 months (March-June) for NON Y MEMBERS
- › Pre and Post FCG Fitness Assessments at a YMCA location
- › Opening and Closing Ceremonies
- › Opportunity for corporate teams to earn bonus points through Volunteerism and Community Wellness



EVENTS:

- OPENING CEREMONY
- FIELD DAY
- PICKLEBALL
- CORNHOLE
- DOWNTOWN JAX
- SCAVENGER HUNT
- VOLLEYBALL
- SOFTBALL
- BASKETBALL
- FLAG FOOTBALL
- SOCCER
- BOWLING
- KICKBALL
- TENNIS
- DODGEBALL
- CLOSING CEREMONY
- 5K
- + SURPRISE MID-SEASON EVENT
- + NETWORKING EVENTS
- + SPONSORSHIP OPPORTUNITIES FOR EACH EVENT

Register online at FCYMCA.org.
JUST SEARCH FOR "FIRST COAST GAMES."

Questions about First Coast Games
or ready to refer a team? Contact:

SONI ROBLES

904.265.1803 | srobles@fcmca.org