



FIRST COAST GAMES

PLAY HARD.
WORK BETTER.
LIVE WELL.

POWERED BY



First Coast Games 2026 March – June

Our annual, corporate challenge focuses on participants' health and wellness goals, while still offering some friendly competition. Our goal is to introduce fun, healthy activities into the workplace while promoting networking and team building with businesses across the First Coast.

REFER A TEAM

Our goal is to welcome **35 teams** to the field at our Opening Ceremonies and we are well on our way... but we'd love to continue to introduce new companies to our corporate wellness program and we're hoping you can help.

Here are some quick and easy steps:

1. Refer a **NEW company** (contact info below)
2. New company signs up and receives **\$250 OFF registration**
3. Your team will receive **20 EXTRA Bonus Points**

We can't wait to kick-off this year's Games! Thank you for all that you do in support of the First Coast YMCA and our community.

In addition to all the fun events, every participating company gets access to:

- › One-Month Guest Pass to any First Coast YMCA location
- › \$50/month Florida's First Coast YMCA Monthly Membership offer for 4 months (March-June) for **NON Y MEMBERS**
- › Pre and Post FCG Fitness Assessments at a YMCA location
- › Opening and Closing Ceremonies
- › Opportunity for corporate teams to earn bonus points through Volunteerism and Community Wellness



EVENTS:

OPENING CEREMONY FIELD DAY

PICKLEBALL

CORNHOLE

DOWNTOWN JAX
SCAVENGER HUNT

VOLLEYBALL

SOFTBALL

BASKETBALL

FLAG FOOTBALL

SOCCER

BOWLING

KICKBALL

TENNIS

DODGEBALL

CLOSING CEREMONY 5K

+ SURPRISE MID-SEASON
EVENT

+ NETWORKING EVENTS

+ SPONSORSHIP
OPPORTUNITIES FOR
EACH EVENT

Questions about First Coast Games
or ready to refer a team? Contact:

SONI ROBLES

904.265.1803 | srobles@fcmca.org

Register online at **FCYMCA.org**.
JUST SEARCH FOR "FIRST COAST GAMES."