

GYM TIMES

Brown Family YMCA- March 16th-22nd 2026

MONDAY

5:00a-7:00a	Open Gym
7:00a-9:00a	Adult Pickup
9:30p-12:30p	Camps
12:30p-5:00p	Open Gym
5:00p-6:30p	Allstars/Training
6:30p-8:00p	Allstars
8:00p-9:00p	Open Gym

TUESDAY

5:00a-7:00a	Open Gym
7:00a-9:00a	Adult Pickup
9:30a-12:30p	Camps
12:30p-2:30p	Pickleball
2:30p-6:00p	Open Gym
6:00p-7:00p	Practice/Training
7:00p- 9:00p	Open Gym

WEDNESDAY

5:00a-7:00a	Open Gym
7:00a-9:00a	Adult Pickup
9:30a-12:30p	Camps
12:30p-4:00p	Open Gym
4:00p-8:00p	Jr Pro Practice
8:00p-9:00p	Open Gym

THURSDAY

5:00a-7:00a	Open Gym
7:00a-9:00a	Adult Pickup
9:30a-12:30p	Camps
12:30p-2:30p	Pickleball
2:30p- 5:00p	Open Gym
5:00p-8:00p	Allstars
8:00p-9:00p	Open Gym

FRIDAY

5:00a-7:00a	Open Gym
7:00a-9:00a	Adult Pickup
9:30a-11:30a	Pickleball
11:30a-2:00p	Open Gym
2:00p-4:00p	Camps ½ Gym
4:00p- 8:00p	Open Gym

SATURDAY

7:00a-8:45a	Adult Pickup
9:00a-10:00a	Open Gym
10:00a-12:00p	Skills & Drills
12:15p-5:00p	Open Gym

Volleyball Practice Starts Tuesday,
March 24th 4:30pm-8:00pm

SUNDAY

11:00a- 12:00p	Practice/Training
12:00p- 3:30p	Open Gym
3:30p- 5:00p	Jr Pro Practice

NOTES:

OPEN ½ GYM is Courts 1 & 2

SPRING BREAK SPORTS CAMP/ DAY CAMP

March 16th -19th from 9:30am-12:30pm