



# BROWN FAMILY YMCA SPRING 2026 POOL SCHEDULE

BROWN FAMILY YMCA  
904.543.9622

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	LAP SWIM 7:00AM-12:45PM	<b>CLOSED</b> <b>(FLYERS SWIM TEAM)</b> <b>8:00AM-10:00AM</b>	LAP SWIM 11:30AM-3:30PM
AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	AQUA AEROBICS (3 LANES) 9:00AM-9:45AM	LAP SWIM 10:00AM-1:45PM	FAMILY SWIM (2 LANES) 11:30AM-3:30PM
<b>CLOSED</b> <b>12:45-3:00PM</b>	<b>CLOSED</b> <b>12:45-3:00PM</b>	<b>CLOSED</b> <b>12:45-3:00PM</b>	<b>CLOSED</b> <b>12:45-3:00PM</b>	<b>CLOSED</b> <b>12:45-3:00PM</b>		
LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-4:00PM	LAP SWIM 3:00PM-5:00PM		
<b>CLOSED (F.I.T SWIM TEAM)</b> <b>4:00PM-5:00PM</b>	<b>CLOSED (F.I.T SWIM TEAM)</b> <b>4:00PM-5:00PM</b>	<b>CLOSED (F.I.T SWIM TEAM)</b> <b>4:00PM-5:00PM</b>	<b>CLOSED (F.I.T SWIM TEAM)</b> <b>4:00PM-5:00PM</b>	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM		
FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM	FLYERS SWIM TEAM (2 LAP LANES OPEN) 5:00PM-6:45PM			

## POOL NOTICES

- Safety breaks for lifeguards will take place during the last 15 minutes of each hour ONLY when there are 2 lifeguards on duty.
- The pool will be closed if the "Feels Like" temperature is below 40°F, as reported by the Weather Channel website or app.
- If the pool closes due to extreme weather, all outdoor facilities (including pickleball courts and the playground) must be cleared, and members should head inside the building for safety.
- The pool will be closed for the following weather-related conditions:
  - Lightning and/or thunder near the branch location
  - Heavy rain that limits visibility of the pool bottom
  - A tornado watch issued for the branch location

**Aquatics Director: Kylie Frech**  
**kfrech@fcymca.org**