



FIRST COAST GAMES

LEVEL UP!

MARCH - JUNE 2027

Our annual, corporate challenge focuses on participants' health and wellness goals, while still offering some friendly competition. Our goal is to introduce fun, healthy activities into the workplace while promoting networking and team building with businesses across the First Coast.

REFER A TEAM

Our goal is to welcome 40 teams to the field at our Opening Ceremonies and we are well on our way... but we'd love to continue to introduce new companies to our corporate wellness program and we're hoping you can help.

Here are some quick and easy steps:

1. Refer a NEW company (contact info below)
2. New company signs up and receives \$250 OFF registration
3. Your team will receive 20 EXTRA Bonus Points

In addition to all the fun events, every participating company gets access to:

- One-Month Guest Pass to any First Coast YMCA location
- \$50/month Florida's First Coast YMCA Monthly Membership offer for 4 months (march-June) for NON Y MEMBERS
- Pre and Post FCG Fitness Assessments at a YMCA location
- Opening and Closing Ceremonies
- Opportunity for corporate teams to earn bonus points through Volunteerism and Community Wellness



EVENTS

Opening Ceremony

Pickleball

Cornhole

Volleyball

Softball

Basketball

Flag Football

Soccer

Bowling

Kickball

Tennis

Dodgeball

5K / Closing Ceremony

+NEW LEVEL UP EVENTS

+NETWORKING EVENTS

+SPONSORSHIP OPPORTUNITIES

Questions about First Coast Games or ready to refer a team? Contact:



Register online at [FCYMCA.org](https://fcymca.org)

JUST SCAN THE QR CODE OR SEARCH FOR "FIRST COAST GAMES"

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